



Newsletter

Ocean Grove,
Uniting Church in Australia

Sunday November 1st 2020

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“Take heart...We have already found new ways to live, love and be happy under these rough conditions. A miracle and a marvel. This is hard proof that we have what it takes to keep going.”
Dr. Aisha Ahmad.

This quote from Dr. Aisha Ahmad landed in my inbox 4 days before Dan Andrews announced his latest and greatly anticipated, reduction in restrictions. Earlier that day, I had been reflecting on “restriction fatigue” and how I felt that both in my bones and in the sighs and restlessness of those around me.

During “lockdown” it has been incredible to witness how well we have all adjusted to our “new normal” and the innovative and creative ways teams and Congregations have come together to care for each other and the world. But this hard work, with all the upskilling, time management and juggling that it demands, has come with a cost.

Perhaps your response might be “I haven’t been working that hard?” but I wonder whether in trying to maintain “business as usual” we have set ourselves too high expectations in our longing to go about our normal lives during a global pandemic.

In these next weeks, I invite you to be kind to yourself, and to carry another quote from Dr. Aisha Ahmad with you.” Manage your expectations. Tackle less challenging projects. Now is not the time for perfectionism.” And may the peace and love and God be with you. The Reverend Fiona Bottcher (Deacon)

FINANCIAL SUPPORT

You can make your contribution to the income of the church in a variety of ways

You may like to send a cheque to PO Box 393 Ocean Grove

Make a deposit in our bank account at the
Commonwealth Bank:

Account Name Ocean Grove Uniting Church Council
BSB number 063 834

Account number 1005 1143

Notarisation: your surname and/or envelope number

BEWARE!

The Grumpy Old Men are resuming meetings!

10.30am on Tuesdays
at the
Groove, Wallington Road.

At the present, we are outdoors, so of course the weather,
and attire are factors.

You may attend, or steer clear, as appropriate.

UCAF NEWS

Members please note that hopefully we may be able to meet in November.

Subscriptions to Network Magazine for 2021 are increasing to \$20.00 and are now due.

If you wish to continue to receive the magazine please place payment in a marked envelope (ensure that you include your name) and deliver to the letterbox of Joan Billington (12 Draper Street) or Judy Greer (14B Acacia Court) by Friday November the 6th.

Did you know that Olive Marshman has had a stroke? Thankfully she is recovering well and home with the help from "Hospital in the Home" Please keep Olive in your prayers.

CHURCH CLOSED

This does not mean that you have to miss out on worship though.

The Reverend Bob Thomas is posting the complete service on the **website** which includes You Tube clips of the hymns, and there is a hard copy of the service that you can download if you would prefer to read the litany for worship.

And do not forget that each week you can join in worship through **zoom at 10.00am**

LECTIONARY READINGS FOR OCTOBER

November 1st All Saints Day

Revelations 7: 9-17, Psalm 34: 1-10, 22,
1 John 3: 1-3, Matthew 5: 1-12

November 1st Pentecost 22

Josiah 3: 7-17, Psalm 107:1-7, 33-37,
1 Thessalonians 2: 9-13, Matthew 23: 1-12

November 8th Pentecost 23

Josiah 24: 1-3a, 14-25, Psalm 78: 1-7
1 Thessalonians 3: 13-18, Matthew 25: 1-13

KEY VERSE FOR THE WEEK

“For whoever exalts himself will be humbled, and whoever humbles himself will be exalted”

Matthew 23: 12

Have a laugh!

Walking into his living room a one day after work, a man finds toys and clothes strewn all over the floor, couch and chairs. Next he goes into the kitchen and see piles of dirty dishes and more mess everywhere.

“What happened?” the shocked man asks his wife.

“You know how you always come home and ask me what I did all day?” replies his wife. “Well, today I didn’t do it!”

FITTED MASKS NOW MANDATORY

Fitted masks are now compulsory in Melbourne and Regional Victoria.

Bandanas, face shields, scarves and other items used to cover the mouth and nose are no longer legal.

If you are spotted outside without a fitted mask, you are liable for a \$200 on-the-spot fine.

BIG NEWS!

THE DOVE

has re-opened and is
Trading Monday—Saturday
10.00am—1.00pm.

New clothing available
at reasonable prices!
Covid-19 restrictions adhered to!
Cash only!

No Donations accepted at this time.

Spread the news amongst family and friends.