



# Newsletter

Ocean Grove,  
Uniting Church in Australia  
Sunday July 31st 2022

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Office open Thursday morning 8.00am—12noon

Recent email from the Geoff and Carol Naylor  
Sent Saturday July the 16th

"Hello Dianne,

Thanks so much for your kind email. It was at times a pretty uncomfortable and gruelling journey on the JNC....

We are up in Hughenden, QLD tonight having driven up through inland NSW and QLD. Cobar. Lightning Ridge, Roma, Longreach. We are now heading to Townsville and some warmer weather we hope. we had ice on the car windscreen one morning—very chilly but today we wore shorts and t-shirts for the first time so life is looking up! It has been so wet up here that the outback scenery is quite unusually green. We saw dinosaur footprints at Winton yesterday, so are learning a lot.

There is a bit of a plaque of grey nomads up here! One caravan site in Longridge had 400 caravans—caravan city. I found an outback drum kit which made my day. Sadly due to its size I can't bring it home and play it in church!!

Cheers and warm regards from us both.  
Carol"

## TRAUMA DOLLS

Knitting wool is required for the knitting of Trauma Dolls.

These dolls are sent to Vietnam, Northern Territory, Werribee Police and Cottage by the Sea.

It would be appreciated if donations for this outreach could be left at the church for Lyn to collect or phone her on 5255 2638

## Planting the roots of Tree Meditation

"I have always been drawn to trees. As a teenager living in an 11th floor apartment in Manhattan surrounded by concrete, I identified with the lone, thin tree confined to a small square of soil cut out in the sidewalk in front of the building. Deeply craving the greenery and freedom of the countryside, I soothed myself by reading poems about trees and forests.

The well-known researcher Dr. Suzanne Simard got her PhD in Forest Sciences because she wanted to understand why forests have felt so powerful to her since she was a young girl. She also wanted to help protect them. Her ground breaking discoveries include many of the ways trees communicate with one another through underground fungi networks, and how they help each other by sharing resources. Hub trees, or mother trees—the oldest and largest in the forest—are especially important to the ecosystem because they act as central hubs for vast below-ground mycorrhizal networks.

In her popular TEDx talk, Dr. Simard assures us that everything in the forest is connected and communicating. She said, "Most of us have forgotten that we're connected to each other and to nature—that we are one. Nature is not a separate thing, but an intimate part of us." she believes that trees perceive many things in their environment and that it's very likely they are able to feel the presence of humans when we're nearby.

**LECTIONARY READINGS FOR  
July, August and September 2022**

July 31st Pentecost 8

Hosea 11: 1-11, Psalm 107: 1-9, 43

Colossians 3: 1-11, Luke 12: 13-21

**Please see back page for roster**

August 7th Pentecost 9

Isaiah 1:1, 10-20, Psalm 50: 1-8, 22-23,

Hebrews 11: 1-3, 8-16, Luke 12: 37-40

**Please see back page for roster**

August 14th Pentecost 10

Isaiah 5: 1-7, Psalm 80: 1-2, 8-19

Hebrews 11: 29-12:2, Luke 12: 49-56

**Please see back page for roster**

August 21st Pentecost 11

Jeremiah 1: 4-10, Psalm 71: 1-6

Hebrews 12: 18-29, Luke 13: 10-17

**Please see back page for roster**

August 28th Pentecost 12

Jeremiah 2: 4-13, Psalm 81: 1, 10-16,

Hebrews 13: 1-8, 15-16, Luke 14: 1, 7-14

**Please see back page for roster**

September 4th Pentecost 13

Jeremiah 18: 1-11, Psalm 139: 1-6, 13-18

Philemon 1: 21, Luke 14: 25-33

**Please see back page for roster**

**KEY VERSE FOR THE WEEK**

**“Give thanks to the Lord, for he is good,  
his love endures for ever.”**

**Psalm 107:1**

## **ROSTER FOR JULY, and AUGUST 2022**

### **July 31st**

Bible Reader: Peter Dickson  
Prayers for the People: The Reverend Bob Thomas  
Bell Ringer: Neil Derrick  
Counting: Lesley Pope  
Morning Tea: Rod & Judy Greer

### **August 7th**

Communion Steward: Joan Calcutt  
Bible Reader: Ben McKinley  
Prayers for the People: Judy Greer  
Bell Ringer: Neil Derrick  
Counting: Robin Munro  
Morning Tea: Pat & David Reid

### **August 14th**

Bible Reader: Margery Scott  
Prayers for the People: The Minister  
Bell Ringer: Geoff Naylor  
Counting: Pat Reid  
Morning Tea: Dianne Sapwell & Wilma Andrews

### **August 21st**

Bible Reader: David Roach  
Prayers for the People: Doug Gorwell  
Bell Ringer: Diane Jones  
Counting: Diane Prowse  
Morning Tea: Pat & David Reid

### **August 28th**

Bible Reader: Jim Barry  
Prayers for the People: The Minister  
Bell Ringer: Peter Dickson  
Counting: Lesley Pope  
Morning Tea: Megan Smith & Joan Calcutt

If you are on morning tea please remember to bring milk, and if you are not able to do your rostered shift